

Hello Members:

Over the next few weeks I will be in your area to discuss developing a fitness challenge between all area bands.

I am asking you to attend to ask for your input in developing this challenge. There will be prizes for several age groups and a prize for the overall winner.

I have set up meetings in the following areas:

St. George's Rex Plex on Tuesday February 6, 2007 at 2:00 p.m.

Flat Bay on Tuesday February 6, 2007 at 6:00 p.m.

Stephenville Crossing 50+ club on Wednesday February 7, 2007 at 2:00 p.m.

Port au Port Community Hall on Wednesday February 7, 2007 at 6:00 p.m.

Corner Brook Dunfield Park Community Center on Thursday February 8, 2007 at 1:30 p.m.

Benoit's Cove Community Hall on Thursday February 8, 2007 at 6:00 p.m.

Grand Falls-Windsor on Thursday February 1, 2007 at 7:00 p.m. (this meeting has already been held)

Gander Bay and Glenwood's meeting had to be postponed because of weather but will be rescheduled for a later date.

I hope to see many members attend and participate in this challenge.

Barbara A. Lannon
Diabetes Coordinator
Federation of Newfoundland Indians.