

## Simple Summer Salad

This simple salad is bursting with the colors and flavors of garden-fresh produce. What a painless and delicious way to get your daily vegetables!

### INGREDIENTS

2 cups fresh green peas, uncooked  
2 green peppers, chopped  
2 carrots, slivered  
2 cucumbers, thinly sliced  
½ cup minced parsley  
2 tablespoons olive oil  
1 tablespoon lemon juice  
Lettuce leaves

1. Place the peas, green pepper, carrots, cucumbers, and parsley in a bowl. Toss well with the olive oil and lemon juice until the vegetables are well-coated. Serve on a bed of lettuce leaves.

Serve 4.