

Almond Rice

Ingredients

- 1 cup brown rice, long-grain, dry
- 2 cups water
- 2 tablespoons almonds, slivered
- 2 tablespoons lemon zest
- 1 cube chicken bouillon

Directions

1. In a medium size saucepan, bring water and bouillon to a boil.
2. Add rice and cook according to rice instructions on package.
3. Drain if necessary.
4. Add almonds and lemon zest.
5. Let stand a few minutes then fluff with a fork and serve.

Calories: 164

Fat: 2.3 g

Carbohydrates: 24.4 g